

NEW DATE/TIME: Sunday, Nov 3rd – 12:30 to 3:00 pm

St. Andrew's United Church and
The Centre for Spirituality at Work invite you to:



Beyond Sundays: The Challenges of Living “a Christian Life”

Do you find it hard to be a Christian in a secular world? What issues do you run up against, and why is faith important to you? Do you ever talk about these with others who would understand?

Join us to explore the challenges of living Christianity in the day-to-day world – with your family and friends, at work and in life. For example, do you find it difficult to:

- talk with others (especially family) about what you believe or why you go to church?
- connect your Sunday values, beliefs or experiences with life the rest of the week?
- bring your Christian perspective or values into the work you do?
- relate to people of other beliefs, denominations or religions?
- talk about spiritual experiences you've had?
- connect “spirituality” and “religion”?
- apply your faith to real life issues such as work, illness, money, family life, social change, politics, community, volunteering...

Bring YOUR issues, questions, challenges and experiences. Through small group conversations, large group discussion, reflection, prayer and music, we'll explore these and other issues. We'll also talk about ways to make it easier – to live your faith the rest of the week, and in a secular world.

Date: Sunday, Nov. 3rd – 12:30 to 3:00 p.m.
Cost: By donation (light lunch provided)
Location: St. Andrews United Church, 117 Bloor St. East, Toronto

By transit: Subway to Yonge & Bloor and walk East / **By Car:** Free Parking off Hayden St. – see here
(Note: Building is set back from the street about 100 feet, just west of the Shaw Tower. Use lower entrance.)

Our Facilitators:

Judy Britnell, Chair, Faith Formation Committee, St. Andrew's United (www.standrewsuned.com)
Eric Hellman, Director, Centre for Spirituality at Work (www.spiritualityatwork.org)

More information: 416-233-8665 -or- info@spiritualityatwork.org

Look forward to seeing you there!

Hosted by **St. Andrew's United Church**
and
Centre for Spirituality at Work
Programs, coaching and community to support your spirit at work